

Grade 8 Health

Course Description

8th grade health education is a required course. In 8th grade, each student will receive 6 weeks of health each trimester. Students will demonstrate understanding of how their physical, mental and social health affects their daily life. Students will increase their knowledge of conception and human development and understand their role of abstinence in preventing pregnancy and the spread of STD's. Students will explore topics related to current diseases affecting the human population and disease specific to our location. Current information regarding the dangers of alcohol, tobacco and drugs will be presented.

Standards

Essential Standards:

1.	Describe male and female sexual and reproductive systems including body parts and their functions AP.8.CC.1
2.	Define STDs, including HIV, and how they are and are not transmitted SH.8.CC.1
3.	Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Important Standards:

1.	Differentiate between gender identity, gender expression and sexual orientation ID.8.CC.1
2.	Define sexual intercourse and examine its relationship to human reproduction PR.8.CC.1
3.	Define sexual abstinence as it relates to pregnancy prevention PR.8.CC.2
4.	Explain the health benefits, risks and effectiveness rates of various methods of contraception including abstinence and condoms PR.8.CC.3
5.	Define emergency contraception and its use PR.8.CC.4
6.	Describe the signs and symptoms of a pregnancy PR.8.CC.5
7.	Compare and contrast behaviors, including abstinence, to determine the potential risk of STD/HIV transmission from each SH.8.CC.2
8.	Describe the signs, symptoms and potential impacts of STDs, including HIV SH.8.CC.3
9.	Compare and contrast behaviors, including abstinence, to determine the potential risk of STD/HIV transmission from each SH.8.CC.2
10.	Describe situations and behaviors that constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence PS.8.CC.1
11.	Discuss the impacts of bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence and why they are wrong PS.8.CC.2

12.	Explain why a person who has been raped or sexually assaulted is not at fault PS.8.CC.4
13.	Analyze external influences that have an impact on one's attitudes about gender, sexual orientation and gender identity ID.8.INF.1
14.	Access accurate information about gender identity, gender expression and sexual orientation ID.8.AI.1
15.	Identify medically accurate information about STDs, including HIV SH.8.AI.1
16.	Communicate respectfully with and about people of all gender identities, gender expression and sexual orientations ID.8.IC.1
17.	Demonstrate the use of effective communication skills to support one's decision to abstain from sexual behaviors PR.8.IC.1
18.	Develop a plan to eliminate or reduce risk for STDs, including HIV SH.8.GS.1
19.	Describe the steps to using a condom correctly PR.8.SM.1

Enhancing Standards:

1.	Identify prenatal practices that can contribute to a healthy pregnancy PR.8.CC.6
2.	Describe the advantages and disadvantages of communicating using technology and social media HR.8.CC.5
3.	Explain that no one has the right to touch anyone else in a sexual manner if they do not want to be touched PS.8.CC.3
4.	Identify alcohol and other substances, friends, family, media, society and culture influence decisions about engaging in sexual behaviors PR.8.INF.1
5.	Analyze the impact of alcohol and other drugs on safer sexual decision-making and sexual behaviors SH.8.INF.1
6.	Identify medically accurate information about emergency contraception PR.8.AI.2
7.	Identify medically accurate sources of pregnancy related information and support including pregnancy options, safe surrender policies and prenatal care PR.8.AI.3
8.	Demonstrate the use of effective communication skills to reduce or eliminate risk for STDs, including HIV SH.8.IC.1
9.	Demonstrate effective skills to negotiate agreements about the use of technology in relationships HR.8.IC.3
10.	Apply a decision-making model to various sexual health decisions PR.8.DM.1
11.	Explain the criteria for evaluating the health of a relationship HR.8.SM.1
12.	Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
13.	Students will demonstrate the ability to access valid information, products, and services to enhance health.

14.	Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
15.	Students will demonstrate the ability to use decision-making skills to enhance health.
16.	Students will demonstrate the ability to use goal-setting skills to enhance health.
17.	Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
18.	Students will demonstrate the ability to advocate for personal, family, and community health.